

## THURSDAY MORNING **JOB CLUB**

**October Topics Register now!** Join links e-mailed on the morning of the event. Find **Job Club** on date desired at <https://www.careerforcemn.com/minneapolisouth>.

Job Club is a job transition networking and discussion group on topics about effective job search methods, career planning and thriving in the workplace. We learn, problem solve, address individual questions and get personalized attention from CareerForce staff and the group. All are welcome!

**October 5 – Seven Top Career Seeking Tips** Finding yourself not knowing where to start when faced with job loss can be paralyzing. Learn about seven top effective strategies that move you from paralysis to action.

**Thursday, October 5, 9:00-11 AM** [REGISTER HERE](#) **This event virtual/ online only.**

**October 12 – Five “Must Read” articles for Job Seekers and What the Advice Really Means** Searching for a job is tough. Navigating the highly competitive market, staying current and keeping positive throughout the process can be overwhelming. We will discuss five articles recommended by top recruiters and why they are worth reading.

**Thursday, October 12, 9:00-11 AM** [REGISTER HERE](#) **This event virtual/ online only.**

**October 19 – “Once More, with Feeling”** Jason Pangiarella of CareerForce Thief River Falls will present on the first steps out of the gate with job searching: getting over job loss, resisting job search frustration, and the emotional labor that a job search entails. Participants will be challenged to think critically about how to handle loss, redevelopment, and personal vs professional identity.

**Thursday, October 19, 9:00-11 AM** [REGISTER HERE](#) **This event virtual/ online only.**

**October 26 – Emotional Intelligence and the Job Search, the second half** How powerful is Emotional Intelligence? Whatever line of work you are in, Emotional Intelligence plays a role in succeeding. How to increase your Emotional Intelligence and advance your job search and interpersonal relationships.

**Thursday, October 26, 9:00-11 AM** [REGISTER HERE](#) **This event virtual/ online only.**

### **JOB CLUB ACTIVITY GROUP on Mondays, 1:00-4:00PM**

Collaborate with fellow job seekers in a small group, either online or in Rm 207 at our CareerForce Minneapolis South location at 777 East Lake Street. Free parking in our adjacent lot. Pre-Register for this hybrid event at [CareerForceMN.com/Minneapolisouth](https://www.careerforcemn.com/minneapolisouth). Look for **JOB CLUB** on Mon. at Mpls.

*CareerForce is an equal opportunity employer and program provider.  
Individuals needing accommodations for any of these events should call us at 651-539-4410.*